



# 10 EAST TRACK & FIELD INVITATIONAL

**Hosted By:** 10 East Track & Field Conference

**Date:** Saturday, March 14th, 2020

**Site:** Grand Terrace High School, 21810 Main Street Grand Terrace CA 92313

**Registration:** [www.Athletic.net](http://www.Athletic.net)

The meet will be fully automatic timed.

Registration Begins March 1<sup>st</sup>, 2020 at 08:00AM PST

Registration Ends March 11th, 2020 at 11:59 PM PST

**Packet Pickup:** 7:00 AM

**Starting Time:** 7:30 AM for Field and 8:30 AM Running Events

**Contact Person:** Billy Potts: (323) 540-8165

**Eligibility:** Meet open to All !!!!, USATF and AAU

Boys and Girls in the following Divisions:

Five & Six.....	2015 & 2014
Seven & Eight.....	2013 & 2012
Nine & Ten Year Old.....	2011 & 2010
Eleven & twelve Year Old.....	2009 & 2008
Thirteen & Fourteen Year Old.....	2007 & 2006
Fifteen & Sixteen Years Old.....	2005 & 2004

**Limitation:** 8 & under, and 9 year old thru 12 year old, are limited to 3 events.  
Thirteen and older are limited to 4 events, **Relays** don't count towards events

**Surface:** ALL-Weather 8 lane Track and Runway, ¼ Spikes or less

**Entry Fee:** \$10.00 per athlete

Team entries are to be paid online at [www.Athletic.net](http://www.Athletic.net) , or at the meet with cash or a club check  
**(NO PERSONAL CHECKS ACCEPTED)**

**Awards:** Metals for top 3 runners in each event, Ribbons for top 4-8 finishers, Division champion banner,  
**Championship Backpacks to Sprint Medley Relay Winners**

**Concession:** Food and Drinks will be available for purchase

**Meet Results:** Will be provided On-Line at

**Check-In:** All participants must check in at the Clerk of the Course when their event is called. Field Event participants must report directly to the official in charge of the event when the event is called.



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## Order of Events

RUNNING EVENTS – START TIME: 8:30 a.m.

1500M (7-8 through 15-16) youngest to oldest

100M HURDLES (13 - 14G, 13- 14B, 15-16G)

80M HURDLES (11G, 12G, 11B, 12B)

60M HURDLES ( 9-10 G , 9-10B)

40M HURDLES (8-UNDER)

400M (ALL DIVISIONS) youngest to oldest

100M (ALL DIVISIONS) youngest to oldest

800M (ALL DIVISIONS) youngest to oldest

Sprint Med. RELAY (ALL DIVISIONS) !!!! Winner gets Championship Backpacks!!!!!!

100M, 100M, 200M, 400M

## Field Events

Long Jump Oldest to youngest

High Jump (9 through 15 years)

Turbo Javelin (12, 11, 10, 9, 8, & 7)

Shot Put (ALL DIVISIONS) youngest to oldest

A large, stylized logo for the 10 East Track &amp; Field event. It features a blue shield with the word 'CALIFORNIA' in white at the top, the number '10' in white in the center, and the word 'EAST' in white at the bottom. The shield is flanked by two large, pink wings with blue outlines. Below the shield, the words 'TRACK &amp; FIELD' are written in a large, bold, blue, sans-serif font.